

# 2024 MAY WORKSHOP & TRAINING SCHEDULE

**ALL WORKSHOPS are in-person; (ONLY the Assistance Connect Refresher Training remains virtual).** Location of each workshop is included on the below schedule. Doors open 15 minutes prior to the start time of the workshop and close 5 minutes after the start time. You **MUST** sign in **AND** out to receive credit for attending a workshop. If you have questions, contact Cynthia Miller at [cdmiller@tarrantcountytx.gov](mailto:cdmiller@tarrantcountytx.gov), or your FSS Coordinator.

## VIRTUAL

### \*ASSISTANCE CONNECT (AC) REFRESHER TRAINING (FSS Participants ONLY)

**Description:** A refresher class on how to use the AC module to report a change, upload documents and complete your Annual Re-exam.

**ASSISTANCE CONNECT TRAINING CANNOT BE USED TO RECEIVE WORKSHOP CREDIT.**

Wednesday, May 1

9 – 10 AM

Link: <https://global.gotomeeting.com/join/868827341>

Meeting ID: 868-827-341

Dial-in #: (646) 749-3122

Access Code 868-827-341

## WHAT'S YOUR LOVE LANGUAGE? – (Cynthia Miller)

Description: There are 5 basic love languages. These are the 5 ways people receive and express love with one another, especially in relationships. Knowing your love language allows you to better connect with yourself as well as your loved ones. Knowing your partner's love language and letting him or her know yours is a way to help you both feel loved and appreciated.

SATURDAY, MAY 4

9AM – 10:30AM

**TCHAO; 2100 Circle Drive – CONFERENCE CENTER**

## CONFLICT RESOLUTION – (Cynthia Miller)

Conflict is an essential part of being human; however, *resolving* conflict is a choice. This workshop will help reduce the frequency of disputes and arguments you have with others. Additionally, it trains you how to resolve conflicts quickly and peacefully while maintaining respect for yourself and others.

THURSDAY, MAY 9

6PM – 7:30PM

**TCHAO; 2100 Circle Drive – CONFERENCE CENTER**

## JOB CLUB

### CHANGE REQUIRES ACTION – (Cynthia Miller)

Description: Are you ready for a change in your life? Just *saying* you're ready isn't enough. Change requires action! If you're ready to take the necessary steps to produce significant changes in your life, then this workshop is *definitely* for you!

MONDAY, MAY 13

9AM – 10:30 AM

**Building 2300 Circle Drive – MAGNOLIA ROOM (across from gymnasium)**